

October 2017

BOXFIT TRAINING

In 2016 we received funding from The Harcourt Foundation which enabled us to setup and equip our Boxfit Training Program. With thanks to The Harcourt Foundation this program is still a popular favourite with local schools.

The program is conducted by the Wellsford Youth Aid Police Officer Senior Constable Sharon (Shaz) Glen and held at the Wellsford Boxing Sport & Fitness Club in Centennial Park Road.

The program is strictly a fitness program utilising boxing apparatus such as gloves and boxing bags, and is open to both male and female students. The program aims to increase the trainees fitness level and gain basic boxing skills, motivation and self-discipline.

We currently have two schools utilizing this program, as part of their regular weekly physical activity program; Rodney College and the Alternative Impact School.



Rodney College students receiving box fit training from Senior Constable Sharon Glen

INTERNATIONAL BLUE LIGHT CONFERENCE - FIJI

Blue Light branches throughout New Zealand and Australia have been meeting annually to share youth program development and hear from speakers from a wide sector of professionals working with youth. The conferences have been hosted and resourced by each state of Australia and New Zealand for the past 24 years. The conference this year being held in Fiji was a result of our national Blue Light developing and providing activities for the Pacific Islands, namely Cook Islands and Fiji. The 2017 conference attracted delegates from NZ, Queensland, NSW, Victoria, South Australia, Western Australia, Tonga, Fiji, Solomon Islands, Cook Islands and the NZ Defence Force. Shane Gould has attended most conferences and has presented at some of these conferences. Shane has been asked to assist next year with some of the program development in the Pacific

LIFE SKILLS PROGRAM

North Rodney Blue Light is committed to the National Blue Light Life Skills program. The program centres on a one week live in experiential learning camp in partnership with the New Zealand Defence Force focusing on leadership training, practical skills, self - confidence and leaderless tasks. After the conclusion of the camp the role of the referrer becomes critical. With New Zealand Blue Light support, the referrer works with the participant providing support linking the young person into future opportunities.

“Blue Lights’ Flagship Program”

The Life Skills program is for young people aged 14 – 17 years. They must be healthy and physically fit as some of the activities are very demanding. Young people showing leadership qualities including team work, good communication and being open to ideas should be taken into consideration. This program would also suit those considering career opportunities in the services such as Airforce, Army, Navy or Police.

The next Life Skills program is in Auckland or Mangawhai (venue to be confirmed) 12 – 16 February 2018.



The confidence course being explained before the big race



Team building. Always fun.



The Rodney College Participants and staff

VOLUNTEERS

We are always seeking volunteers to help drive our mission statement and help maintain a relevancy for the youth we work with. Please contact us if you would be interested in this worthwhile role.

VOLUNTEER OF THE MONTH

Eden Smith. Student committee member and presenter.

LUXINN WELLSFORD GRAND LODGE OF NZ (RAOB)

North Rodney Blue Light were invited to attend the Luxinn-Wellsford Grand Lodge AGM held on 15 October at the Maungaturoto RSA. The meeting was attended by Sally Green (Branch Administrator), Winny Medland (committee member), Constable Graham Pashley (Blue Light Health & Safety Management Coordinator) and Eden Smith (Youth Representative). Eden gave a PowerPoint presentation and spoke on her experience as a participant in the Life Skills Program.

Following the presentation NRBL was presented with a donation for \$3,000 to put towards future Life Skills programs for youth in the area.

COMING UP

Impact School Box Fit and Mountain Biking	Wellsford & Mangawhai
Pakiri School Archery & Air Rifles Intros	Pakiri School
Wentworth College 2 day Archery & Air Rifles Intros	Mangawhai
Hurapaki School , 2 days Kayak Introductions	Marsden Bay
Wellsford Christmas Parade 25 November 2017	Wellsford
Rodney College Safari 4 day Camp for boys	Whananaki
Rodney College Duke of Edinburgh 4 day Tramp	Lake Waikaremoana

WE APPRECIATE OUR SPONSORS THIS MONTH



Royal Antediluvian Order of Buffaloes

Contact Us

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